

DRY Needling for the Chiropractic Practice

20-hour (1st 5 hrs. on line) (15 Hr. Live lab-based) program geared to the management of myofascial pain syndrome approach with the dry needling procedure. **20 CEU's** provided by **NUHS**

When: **OCT 20-21, 2018** (Online 5 hrs. must be completed by (**START of COURSE**))

Where: McDaniel Chiropractic Center, 1330 Exchange Street, Middlebury, VT 05753

Cost: \$895. (\$25 fee to NUHS for CEU's included)

Seating is limited There will be a certificate of completion suitable for framing provided.

The online portion (5 Hr.) will cover the didactic material basic to the dry needling procedure and must be completed before **Oct 20, 2018** .

1. Introduction
2. The FASCIA
 - a. Evolution, dissection video(s)
3. The science of pain
 - a. Myofascial Pain Syndrome (MPS)
4. The Myofascial Trigger Point TrP
 - a. History, evolution of definitions and players
5. DRY NEEDLING
 - a. What it is and isn't; The procedures,
6. SAFETY
 - a. Blood born Pathogen certification (www.probloodborne.com) <60 Mins)
 - b. Red, yellow green zones
 - c. Needle safety

* 25 exam questions (NUHS require 5 questions per hr.) administered at start of live session.

The 15 Hr. live lab is on **Oct 20-21, 2018 (Sat & Sun)** and it is just that; lab time. Regional anatomical sections from the nose to the toes:

1. Regional anatomy review
2. Applicable "RED" Zones (SAFETY)
3. Needle selection and procedures
4. Video demonstrations.
5. Appropriate dress code is expected by all participants.
 - a. If you want to poke you have to get poked
6. Anatomical sections, **RED FLAGS** and technique challenge will be ongoing by instructor.

The take away after 20 hrs. is that the clinician will learn fundamental skills necessary for safe, effective and proper dry needle techniques from a MFPx perspective. Safety considerations will be forever emphasized. Reference literature related to different MSK/Neurological conditions will be ongoing.

All needles, gloves and dispensers (plus a starter kit for Monday morning) will be provided by:

Lhasa OMS & OPDN

To register and find more program information go to www.onpointdryneedling.com ;
Complete form online and return to info@onpointdryneedling.com or print it and fax to
603-622-3199. Any questions call Dr. Merrick at 603-493-8317.